

Centenary

2006-2007



*Paramahansa
Hariharananda*

1907-2002

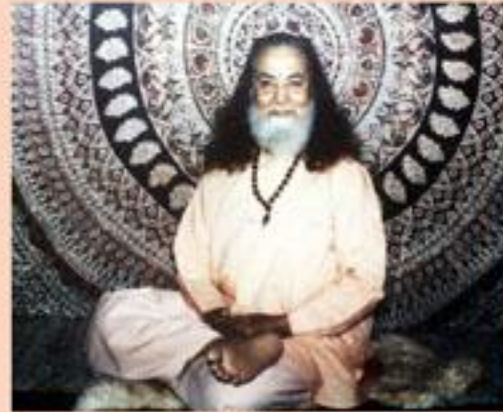


The Life and Teachings of Paramahansa Hariharananda

Paramahansa Hariharananda was born on May 27, 1907 in West Bengal, India.

A revered saint and legend among spiritual seekers, this deeply compassionate soul meticulously taught the ancient science of Kriya

Yoga meditation, a non-sectarian practice, which simultaneously cultivates the body, mind, intellect, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, at the relatively young age of 41. This is a conscious, breathless and pulseless state beyond physical limitations.



The great Kriya Yoga master Swami Shriyukteshwar Giri initiated him in 1932 and foretold of his future contribution to spread the teachings of Kriya Yoga throughout the world.

Paramahansa Hariharananda began initiating people into Kriya Yoga in 1951 at the request of Paramahansa Yogananda. He spent more than a decade in strict silence and deep meditative seclusion before taking his



monastic vows in 1959. He ultimately became President of Karar Ashram in Puri, India, the same venerated ashram mentioned in the classic book, "Autobiography of a Yogi" by Paramahansa Yogananda. Illuminating all by his divine presence, Paramahansa Hariharananda, affectionately known as Baba, began spreading the message of Kriya Yoga to the rest of the world in 1974.

The Sanskrit words kri, meaning 'work,' and ya, meaning 'soul,' impart the practical essence of Kriya Yoga to all ages and stages of life. By utilizing self-discipline with an efficacious proven technique, and the knowledge that all activity is done by the power of the indwelling Soul, inner peace, sound health, vibrant brain power, calmness, love, joy, and balance of mind can be achieved in a short period of time.

*"Breath control is self-control.
Breath mastery is self-mastery.
Breathlessness stage is deathlessness stage."*

*Paramahansa
Hariharananda*

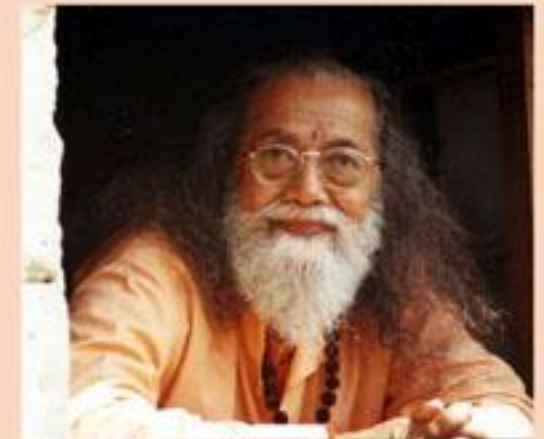
Paramahansa Hariharananda's Life



President of Karar Ashram, Puri, India



*Teaching under a Vilva tree,
Puri, India*



*Travelling the globe
France, 1980's*



*Last birthday, 2002
Kriya Yoga Institute, Miami, FL, USA*



*With chosen successor,
Paramahansa Prajnanananda*

Aim of the Centenary Celebration

The year 2007 marks Paramahansa Hariharananda's 100th birthday. In India, the 100th anniversary of a Yoga Master's birth is of great importance. Therefore, a year-long series of events and celebrations, starting in India on the 27th of May, 2006 and ending on the 27th of May, 2007, will be held in his honor. His devoted students are preparing more

than 100 celebrations worldwide to celebrate the life of their master in his centenary year. Highlights of these celebrations include spiritual conferences on world peace and other humanitarian concerns. Cultural exchanges, charitable projects, a comprehensive publication of the master's complete works, many other publications about his life and teachings, and ongoing instruction in

Kriya Yoga truly honor him in a delightful celebration of his 100th birth year. These myriad activities are just one example of the depth of love and gratitude from so many souls reflecting back the enormous impact of his divine life. Paramahansa Hariharananda left his physical body on December 3, 2002 at the age of 95, but his legacy lives on through the love and service of

his successor Paramahansa Prajnanananda and every one of his devoted students throughout the world.

The central message of the life and teachings of the great master Paramahansa Hariharananda reminds us -

"Love conquers all..."

Worldwide Kriya Yoga Centers

Paramahansa Hariharananda's life and teachings have been a wonderful example for all. The master's loving message continues

with the establishment of Kriya Yoga activities and centers worldwide. Satellite centers also operate in many countries.



*Hariharananda Gurukulam,
Balighai, Orissa, India*



*Prajnana Mission, Kriya
Yoga Ashram, Cuttack, Orissa,
India*



*Baba's samadhi shrine at
Hariharananda Gurukulam,
Balighai, Orissa, India*



*Yuktashram Bhisindipur,
Bengal, India*



*Kriya Yoga Centre
Tattendorf, Austria*



*Kriya Yoga Centrum,
Sterksel, Netherlands*



*Kriya Yoga Institute
Miami, FL, USA*

Swami Shriyukteshwar Giri

Shrimat Bhupendranath Sanyal Mahasaya

Charitable Activities

The life of Paramahansa Hariharananda is a manifestation of love and service, combined with humility and compassion.



Main entrance of the Balighai Health Center

Throughout his life he sought the opportunity to serve. He devoted his life to "feed the hungry, teach the students, nurse the sick, and give solace to the distressed". His example of service to all continues through charitable activities of his dedicated disciples under the guidance of Paramahansa Prajnanananda.

Through the charitable arm of Prajnana Mission in India, many work tirelessly to operate Hariharananda Charitable Health Centers, which provide free health care through clinics and mobile health units for communities in need. More than 60,000 patients have been served since 1999.

EUROPE: www.handinhand.at
Paramahansa Yogananda

They also fund school libraries and operate the growing Hariharananda Balashram, a



Second group of children at Balashram, July 2005

Balashram residential school, in Arua, India, opened its doors in July 2004 as an English Medium School. Each year 40 children will be admitted, with 480 girls and boys from the age of 4 to 18 years to be accommodated by 2016.

residential school for underprivileged youth. They are readily available to assist with disaster relief and have rebuilt village homes destroyed in the 1999 cyclone in Orissa, India. These projects are supported financially by Hand in Hand, a humanitarian non-profit organization in Europe and the USA.

USA: www.handinhandusa.org
Swami Satyananda Giri

Books

Special Centenary publications will be available, including the 10-volume set of the "Complete Works of Paramahansa Hariharananda."

By Paramahansa Hariharanananda
Kriya Yoga: The Scientific Process of Soul Culture and the Essence of All Religions (translated in many languages worldwide)
Bhagavad Gita in the Light of Kriya Yoga (3 volumes)
Each Human Body is a Bhagavad Gita

By Paramahansa Prajnanananda
River of Compassion:
Life of Paramahansa Hariharananda
The Last Decade: A Loving Recollection
My Time with the Master
Divine Blossoms
The Torah, the Bible and Kriya Yoga
The Universe Within

*(More publications available at
www.kriya.org/catalog_store)*

Kriya Yoga Contacts

INDIA	AUSTRIA
Hariharananda Gurukulam	Kriya Yoga Centre Vienna
Balighai	Pottendorferstrasse 69
Puri 750002, Orissa	A-2523 Tattendorf Austria
Tel.: +91-67 52-246644	Tel.: +43-2253-81491
Fax: +91-67 52-246788	Fax: +43-2253-80462
e-mail:	e-mail:
pmission@sify.com	kriya.yoga.centre@aon.at
www.prajnanamission.org	www.kriyayoga-europe.org

USA	NETHERLANDS
Kriya Yoga Institute	Kriya Yoga Centrum
P.O. Box 924615	Heezerweg 7
Homestead, FL 33092	NL-6029 PP
Florida	Sterksel
USA	The Netherlands
Tel.: +1-305-247-1960	Tel.: +31-40-2265576
Fax: +1-305-248-1951	Fax: +31-40-2265612
e-mail:	e-mail:
institute@kriya.org	kriya.yoga@worldonline.nl
website: www.kriya.org	www.kriyayoga-europe.org



*Paramahansa Prajnanananda
continues the work of his
Beloved Master
Paramahansa Hariharananda*

